

December 2014

SchoolFood FEED YOUR MIND

Meatless Monday	Trayless Tuesday	Wild Card Wednesday	Roast Chicken Thursday	Pizza Friday
Entrée Braised Black Beans Served with Rice Educational Snack Eat Your Colors Sweet Plantains	Entrée Turkey Burger Deluxe Toppings Eat Your Colors Sweet Potato Wedges	Entrée Texas Chicken Chili Rice Bowl Eat Your Colors Zucchini Coins	Entrée Kung Pao Chicken OR Kung Pao Tofu Hot Lo Mein Eat Your Colors Garlicky Broccoli	Entrée Pizza Party Grilled Chicken Topping Eat Your Colors Kid Friendly Kale Salad Chickpea Salad
Entrée Cheese Manicotti Marinara Sauce Educational Snack Eat Your Colors Super Hero Spinach	Entrée Turkey Carnitas Burrito Served with Salsa Eat Your Colors Tangy Corn Off The Cob	Entrée Vegetarian Chili Served with Rice Warm Taco Boat Eat Your Colors Roasted Cauliflower	Entrée Tuscan Roasted Chicken Butternut Squash Ravioli with Parmesan & Garlic Eat Your Colors Roasted Chickpeas with Basil Pesto	Entrée Pizza Party Garden Fresh Topping Eat Your Colors Kid Friendly Kale Salad Fresh Tomato Salad
Entrée Veggie Meatballs Bombay Curry Sauce Served with Rice Educational Snack Eat Your Colors Braised Collards	Entrée Chicken Caesar Wrap Eat Your Colors Red Roasted Potatoes	Entrée Teriyaki Chicken Rice Bowl Teriyaki Tofu Rice Bowl Eat Your Colors Vegetable Stir Fry	Entrée Veggie Quesadillas Served with Salsa Eat Your Colors Black Bean Salad	Entrée Pizza Party Spicy Chicken Topping Eat Your Colors Green Garden Salad Fresh Tomato Salad
Entrée Malini's Curried Chickpeas Served with Rice Eat Your Colors Super Hero Spinach	Entrée Cheesy Burrito with Salsa Eat Your Colors Sweet Potato Waffle Fries	Entrée Mexicali Chili Warm Taco Boat Eat Your Colors Sweet Plantains Winter Recess	Entrée Zesty BBQ'd Chicken Buttermilk Biscuit Eat Your Colors Green Beans Winter Recess	Entrée Pizza Party Garden Fresh Topping Eat Your Colors Chickpea Salad Winter Recess
Entrée Cheese Stuffed Shells Herbed Marinara Sauce Toasty Bread Stick Eat Your Colors Green Beans Winter Recess	Entrée Toasted Hot Sandwiches Eat Your Colors Sweet Potato Wedges Winter Recess	Entrée Chicken Caesar Wrap Eat Your Colors Super Hero Spinach Winter Recess		

Offered Daily : Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, Canned Fruit, PB&J, and Cheese Sandwiches

Flavor Station : Granulated Garlic, Red Pepper Flakes, Parmesan Cheese, Oregano

Burger Condiments : Ketchup, Mustard, Mayonnaise Dipping Sauces : Ketchup, Honey Mustard, Mayo, Duck Sauce, Thai Chili Sauce

Dressings : Asian Sesame, Balsamic, Chipotle Ranch, Ranch, French, Honey Mustard, Lite Italian

Menu is Subject to Change

K-8 Alternative Lunch Menu

