

October-2014

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>Entrée Malini's Curried Chicken Rice Bowl *Tofu Option</p> <p>Eat Your Colors Buttermilk Cucumber Raita Kid Friendly Kale Salad</p> <p>National Kale Day</p>	<p>Entrée Zesty BBQ'd Chicken Country Corn Bread</p> <p>Eat Your Colors Braised Collards</p>	<p>Entrée Pizza Party Garden Fresh Topping</p> <p>Eat Your Colors Green Garden Salad Fresh Tomato Salad</p>
<p>Entrée Cheesy Baked Rotini Toasty Bread Stick</p> <p>Eat Your Colors Zucchini Coins</p>	<p>Entrée Toasted Hot Sandwiches</p> <p>Eat Your Colors Sweet Potato Wedges</p>	<p>Entrée Tuscan Chicken Pasta Bowl</p> <p>Eat Your Colors Garlicky Broccoli</p>	<p>Entrée Spanish Chicken Served with Rice</p> <p>Eat Your Colors Tangy Corn Off The Cob</p>	<p>Entrée Pizza Party Spicy Chicken Topping</p> <p>Eat Your Colors Green Garden Salad Chickpea Salad</p>
<p>Entrée Cheese Stuffed Shells Herbed Marinara Sauce</p> <p>Eat Your Colors Green Beans</p> <p>Columbus Day</p>	<p>Entrée Chicken Quesadilla Spinach Quesadilla Served with Salsa</p> <p>Eat Your Colors Tangy Corn Off The Cob</p>	<p>Entrée Tuscan Chicken Pasta Bowl</p> <p>Eat Your Colors Garlicky Broccoli</p>	<p>Entrée Spanish Chicken Yellow Rice</p> <p>Eat Your Colors Souper Beans Sweet Plantains</p>	<p>Entrée Pizza Party Garden Fresh Topping</p> <p>Eat Your Colors Kid Friendly Kale Salad Fresh Tomato Salad</p>
<p>NEW Entrée Mac and Cheese Toasty Bread Stick</p> <p>Eat Your Colors Zucchini Coins</p>	<p>Entrée Toasted Hot Sandwiches</p> <p>Eat Your Colors Sweet Potato Wedges</p>	<p>Entrée Texas Chicken Chili Rice Bowl</p> <p>Eat Your Colors Sweet Plantains</p>	<p>Entrée Kung Pao Chicken Hot Lo Mein *Tofu Option</p> <p>Eat Your Colors Vegetable Stir Fry</p>	<p>Entrée Pizza Party Garden Fresh Topping</p> <p>Falafel Wrap with Go Green Sauce</p> <p>Fresh Apples Eat Your Colors Kid Friendly Kale Salad Chickpea Salad</p> <p>World Food Day</p>
<p>Entrée Cheese Ravioli Herbed Marinara Sauce</p> <p>Eat Your Colors Garlicky Broccoli</p>	<p>Entrée Turkey Carnitas Burrito Served with Salsa</p> <p>Eat Your Colors Tangy Corn Off The Cob</p>	<p>Entrée Vegetarian Chili Served with Rice Warm Taco Boat</p> <p>Eat Your Colors Roasted Cauliflower</p>	<p>Entrée Zesty BBQ'd Chicken Corn Bread</p> <p>Eat Your Colors Sofrito Beans</p>	<p>Entrée Pizza Party Spicy Chicken Topping</p> <p>Eat Your Colors Kid Friendly Kale Salad Fresh Tomato Salad</p>

Offered Daily: Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, Canned Fruit, PB&J, and Cheese Sandwiches

Flavor Station: Granulated Garlic, Red Pepper Flakes, Parmesan Cheese, Oregano

Burger Condiments: Ketchup, Mustard, Mayonnaise

Dipping Sauces: Ketchup, Honey Mustard, Mayo, Duck Sauce, Thai Chili Sauce

Dressings: Asian Sesame, Balsamic, Chipotle Ranch, Ranch, French, Honey Mustard, Lite Italian

Menu is Subject to Change

K-8 Alternative Lunch Menu

