

September-2014

Meatless Monday	Trayless Tuesday	Wild Card Wednesday	Roast Chicken Thursday	Pizza Friday
1	2	3	4	5
			<p><u>Entrée</u> Spanish Chicken Yellow Rice</p> <p><u>Eat Your Colors</u> Souper Beans Sweet Plantains</p>	<p><u>Entrée</u> Pizza Party Garden Fresh Topping</p> <p>NEW! <u>Eat Your Colors</u> Kid Friendly Kale Salad Fresh Tomato Salad</p>
8	9	10	11	12
<p><u>Entrée</u> Cheesy Baked Rotini NEW! Toasty Bread Stick</p> <p><u>Eat Your Colors</u> Zucchini Coins</p>	<p><u>Entrée</u> Toasted Hot Sandwiches</p> <p>Falafel Wrap</p> <p><u>Eat Your Colors</u> Sweet Potato Wedges</p>	<p>NEW! <u>Entrée</u> Texas Chicken Chili Rice Bowl</p> <p><u>Eat Your Colors</u> Sweet Plantains</p>	<p>NEW! <u>Entrée</u> Kung Pao Chicken Hot Lo Mein</p> <p>*Tofu Option</p> <p>NEW! <u>Eat Your Colors</u> Vegetable Stir Fry</p>	<p><u>Entrée</u> Pizza Party NEW! Spicy Chicken Topping</p> <p><u>Eat Your Colors</u> Green Garden Salad Chickpea Salad</p>
15	16	17	18	19
<p>NEW! <u>Entrée</u> Cheese-Stuffed Shells</p> <p><u>Eat Your Colors</u> Garlicky Broccoli</p>	<p><u>Entrée</u> Turkey Carnitas Burrito Served with Salsa</p> <p>Falafel Wrap</p> <p><u>Eat Your Colors</u> Tangy Corn Off The Cob</p>	<p><u>Entrée</u> Vegetarian Chili Served with Rice Warm Taco Boat</p> <p>NEW! <u>Eat Your Colors</u> Roasted Cauliflower</p>	<p><u>Entrée</u> Zesty BBQ'd Chicken Country Corn Bread</p> <p><u>Eat Your Colors</u> Sofrito Beans</p>	<p><u>Entrée</u> Pizza Party Garden Fresh Topping</p> <p>NEW! <u>Eat Your Colors</u> Kid Friendly Kale Salad Fresh Tomato Salad</p>
22	23	24	25	26
<p>NEW! <u>Entrée</u> Mac and Cheese Toasty Bread Stick</p> <p><u>Eat Your Colors</u> Zucchini Coins</p>	<p>NEW! <u>Entrée</u> Chicken Caesar Wrap*</p> <p>Falafel Wrap</p> <p><u>Eat Your Colors</u> Spicy Wedge Cut Potatoes</p>	<p><u>Entrée</u> Teriyaki Chicken Rice Bowl</p> <p>*Tofu Option</p> <p><u>Eat Your Colors</u> Orange Roasted Carrots</p>	<p>NEW! <u>Entrée</u> Herb Roasted Chicken Baked Penne</p> <p>NEW! <u>Eat Your Colors</u> Parmesan Spinach</p> <p>Rosh Hashanah</p>	<p><u>Entrée</u> Pizza Party Chicken Italiano Topping</p> <p><u>Eat Your Colors</u> Chickpea Salad</p> <p>Rosh Hashanah</p>
29	30			
<p><u>Entrée</u> Cheese-Stuffed Shells</p> <p><u>Eat Your Colors</u> Crunchy Carrots</p>	<p>NEW! <u>Entrée</u> Chicken Quesadilla Corn Quesadilla Served with Salsa</p> <p>NEW! <u>Eat Your Colors</u> Black Bean Salsa Sweet Plantains</p>			

Offered Daily: Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, Canned Fruit, PB&J, and Cheese Sandwiches
Flavor Station: Granulated Garlic, Red Pepper Flakes, Parmesan Cheese, Oregano

Burger Condiments: Ketchup, Mustard, Mayonnaise *Dipping Sauces:* Ketchup, Honey Mustard, Mayo, Duck Sauce, Thai Chili Sauce

Dressings: Asian Sesame, Balsamic, Chipotle Ranch, Ranch, French, Honey Mustard, Lite Italian

Menu is Subject to Change

K-8 Alternative Lunch Menu

